

Life Balance VMA Tablets **Vitamin-Mineral-Antioxidant**

Broad spectrum Multivitamin Mineral Antioxidant – Only 1 tablet per day

60 tablets per packet.

Features

Benefits

Synergistically Balanced.

“Synergy – small amounts of each component working together to provide an effect many times greater than the sum of the components”.

1. B-Group balance ensures maximised uptake and retention and minimises excretion – no waste.
2. No B-Group vitamin is present in excess – if one were, it would be rapidly excreted, dragging others out with it and causing a B-Group deficiency.
3. Calcium – B12 – folic acid Balance maximises bio-uptake of calcium into the bones.
4. Mineral synergy maintains mineral balance within the body for example and particularly, Copper and Iron.

Microdose.

“The wasteful macrodose is akin to killing an ant with a sledgehammer – and forgetting all about the Ming vase the ant is sitting on. That Ming vase is your body.”

1. Overdoses of some minerals and vitamins can be toxic and cause adverse effects – for example Vitamin A is hepatotoxic (damages the liver).
2. Helps preserve the world’s nutritional resources for all mankind.
3. Will not “feed the Fish”

No Animal Products.

Suitable for Vegans, Vegetarians, conforms to Halal and Kosher requirements.

Not Tested on Animals

No need for animal cruelty

No added artificial colour, flavour or sweetener.

Eliminates risk of allergic reaction to these chemicals.

Contains no gluten, yeast, rice, wheat or corn.

Suits all who would otherwise react to these common allergens.

Powerful Antioxidants.

In addition to the antioxidant vitamins, a massive amount of 28.5 mg of Proanthocyanidins from 3600 mg of Grape seed is added to every tablet.

Complete Nutrition without waste

Decades of medical research determined the minimum daily intake of vitamins and minerals (published in the NH&MRC “Recommended Daily Intakes for use in Australia”)

Amounts grossly in excess of these (as in many “off the shelf” multivitamins) are rapidly excreted and can induce a number of other health problems, such as liver and kidney overload. This rapid excretion may even drag out other essential nutrients and lead to deficiency symptoms.

VMA is the tangible expression of pioneering research into balances and synergies that exist between supplementary nutrients and the organic mechanisms that fuel our bodies.

The result – a synergistically balanced micro-dosage of 28 carefully selected vitamins and minerals. With a powerful amount of arguably the most effective herbal antioxidant in the world – the fabled Proanthocyanidins, obtained from Grape Seed – this formula avoids wastage, ensures maximum bio-up take and bio retention of the essential nutrients. The organic functions of the body are activated to achieve maximum efficiencies and nutritional deficiencies simply disappear.

In VMA, the vitamin and mineral components of the product support the essential nutritional needs of the body and the antioxidants scavenge toxins and free radicals from the body, relieving the immune system from this toxic overload and freeing the body to look after itself. Several studies consider this overload to be responsible for the occurrence or exacerbation of asthma and other allergic reactions.

Correctly balanced quantities of folic acid and vitamins B12 and D3 are known to assist the absorption of calcium by the bones. This combination is known to be beneficial for Osteoporosis and healthier bone development in children.

VMA also provides the recommended amount of folic acid before and during pregnancy, to help prevent neural tube disorder.

Many Health Professionals have commented that one would need many other products, all taken together, to equal VMA.

Ingredient List

Each tablet contains:

Ascorbic acid (Vitamin C – as Calcium salt)	120 mg
Dunaliella Salina cell extract equivalent to Beta-carotene	4.00 mg
Biotin	60 µg
Calcium (as amino acid chelate)	20 mg
Cholecalciferol (equiv Vitamin D-3 480 IU)	12 µg
Choline bitartrate	50 mg
Chromium (as nicotinate)	10 µg
Chromium (as picolinate)	10 µg
Citrus bioflavonoids extract	20 µg
Copper (as gluconate)	20 µg
Cyanocobalamin (Vitamin B-12)	3 µg
Cysteine Hydrochloride	100 mg
d-a-tocopheryl succinate (equiv Vitamin E 51 IU)	42 mg
Folic acid	225 µg
Inositol	50 mg
Iodine (as potassium salt)	30 µg
Iron (as amino acid chelate)	5.2 mg
Magnesium (as amino acid chelate)	10 mg
Molybdenum (as trioxide)	60 µg
Nicotinamide (Vitamin B-3)	50 mg
Pantothenic acid (Vitamin B-5, as calcium salt)	90 mg
Potassium (as gluconate)	18.6 mg
Pyridoxine (Vitamin B-6, as hydrochloride)	2.6 mg
Quercetin	20 mg
Riboflavine (Vitamin B-2)	1.6 mg
Thiamine (Vitamin B1, as hydrochloride)	1.0 mg
Vitis Vinifera (Grape) seed extract equiv seed dry	3600 mg
Zinc (as amino acid chelate)	1.6 mg