

Life Balance for WOMEN tablets

Full Potency Herbal Extracts for Relief of Menstrual and Menopausal Symptoms.

Features

Benefits

Black Cohosh.

1. The main ingredient in "Remifemin" forms just part of *for Women's* formulation. Adds great value to *for Women* – look at the Remifemin price in your local Pharmacy!
2. Relieves PMS symptoms
3. Eases Menopausal symptoms

Red Clover.

1. This main ingredient of "Promensil" also forms just part of *for Women's* formulation. Look at the Promensil price at your local Pharmacy for evidence of the value of, *for Women!*
2. Provides further relief from PMS symptoms.
3. Eases Menopausal symptoms.

Diosgenin (from Wild Yam).

- A whole 12 mg!
1. The main ingredient in a rival product selling for twice *for Women's* price!
 2. Some Diosgenin converts to DHEA in the body.
 3. Our patented herbal activation enhances this conversion.

Chaste Berry, Sweet Violet and Beth Root.

1. Works together with Black Cohosh and Red Clover to maximise relief from painful PMS and Menopausal symptoms.
2. Pain, cramps, bloating and breast tenderness are reduced
3. Heavy bleeding and irregularity are balanced.

Flax Seed and Evening Primrose.

1. Well documented for their health benefits, particularly for women.
2. Nature's richest source of Omega 3 and other essential fatty acids including linoleic and linolenic acids.
3. Provides further relief from PMS and Menopausal symptoms.

Chamomile and Dandelion.

Well documented for their calming effects – particularly useful during menstruation and menopause.

Echinacea.

Widely reported in Herbal texts for supporting the immune system and assistance in controlling the effects of colds and flu.

Certified Vegetarian Capsule.

Suitable for vegans and vegetarians – conforms to Halal and Kosher.

It is only half a century since Australian's Defence Forces and Public Services were reluctant to accept woman who suffered from PMT or Menstrual Symptoms. Today, it is not easy to find a woman who does not so suffer.

The main reason for this is the pollutants in our air, water and food. These contain xeno-oestrogens or chemicals that mimic hormones in a woman's body and throw it into hormonal imbalance. Symptoms of this imbalance may include heavy, prolonged, painful or irregular periods, and, PMT symptoms including bloating, painful breasts and mood swings. Another result of these xeno-oestrogens may be early menopause along with menopausal symptoms such as hot flushes, night sweats, mood swings and deteriorating condition of the skin, hair, nails and even eyes.

The Life Balance "*Good News*" *for Women!* Providing phyto-oestrogens or plant substances that enhances a woman's hormonal balance, can help to relieve many or most of the symptoms of PMS and menopause.

A large quantity of Diosgenin (from the Wild Yam) is highly effective in hormonal balance.

Chaste Berry, Dandelion, Chamomile, Sweet Violet and Beth Root assist with menstrual and menopausal symptoms such as bloating, pain, sore breasts and mood swings.

Black Cohosh and Red Clover relieves the symptoms of heavy bleeding and clotting and Evening Primrose Oil eases inflammation.

Flax-seed oil was primarily included for its efficacy in reducing water retention. There is, however, a major additional benefit! Wider research has shown that populations with high amounts of lignan in their diet have a lower incidence of breast and colon cancer; flax seed is 100 times richer in lignan than most grains.

A visit to your Pharmacist will show you many costly single-ingredient panaceas that are all included in *for Women*. Such a visit would also provide you a pleasant surprise at the economy of our *for Women*.

for Women – each capsule contains extracts equivalent to:

Matricaria recutita (Chamomile) flower dry	200 mg
Cimicifuga racemose (Black Cohosh) root dry	400 mg
Dioscorea villosa (Wild Yam) root dry	2000 mg
Standardised to Diosgenin	12 mg
Echinacea angustifolia (Echinacea) root dry	90 mg
Evening Primrose Oil	20 mg
Linseed (Flax Seed) Oil	25 mg
Taraxacum officinale (Dandelion) root dry	100 mg
Trifolium pratense (Red Clover) flower dry	480 mg
Standardised to Isoflavones	8.64 mg
Trillium erectum (Beth Root) root dry	200 mg
Viola odorata (Sweet Violet) flower dry	100 mg
Vitex agnus-castus (Chaste Berry) fruit dry	100 mg